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MEDIA CONTACT Matt Burde GoldenCommunityConversations@gmail.com

## COMING SOON TO GOLDEN: MEET & MINGLE COMMUNITY GATHERINGS Building Community Through Connection

**Golden, CO** – Golden Community Conversations, an unaffiliated public group founded in 2023, has announced "Meet & Mingle," a series of community gatherings that will take place this September and October and are open to all Golden residents. Funded by a City of Golden Thriving Communities Grant, these community events are intended to provide opportunities for residents to convene in a comfortable, non-threatening setting to meet new people, share ideas and foster community.

"The growing reliance on online technology has greatly reduced authentic human interaction, causing feelings of social isolation and loneliness to skyrocket," said M.L. Richardson, a member of the Golden Community Conversations planning team. "Our goal with the Meet & Mingle gatherings is to create face to face social opportunities for Golden residents to meet new people, make meaningful connections and strengthen our community."

Golden residents and employees of local businesses are invited to join any, or all, of the following upcoming Meet & Mingle 90-minute gatherings:

- Thursday, September 19, 6 pm New Loveland Mine Park
- Sunday, September 22, 2 pm Lions Park
- Thursday, September 26, 10 am Lions Park
- Monday, September 30, 6 pm Golden Community Center
- Thursday, October 10, 5 pm Southridge Park
- Sunday, October 20, 2 pm Golden Community Center

Registration at www.goldencommunityconversations.org is encouraged but is not required. Pizza, snacks, beverages and conversation starters will be provided at all gatherings.

Golden Community Conversations, founded in 2023, is an unaffiliated public group composed of community members representing diverse perspectives and values. The group's mission is to foster connection, trust, mutual respect, and cooperation among Golden residents in order to lessen social isolation and increase a sense of community and belonging.